# Blueprint Library of EBP Fidelity Checklists

## Checklist - Trauma-Informed Practice: Facilitator Certification

**Candidate Name: _____ Date of Observation: _____**
**Lead Practice Coach: _____ Score: _____ /16**

**Pillar 1: Practice Foundations & Safety**

- [ ] **The "Shift":** Facilitator effectively explains the move from *"What's wrong with you?"* to *"What happened to you?"*
- [ ] **Biological Literacy:** Can explain the **Window of Tolerance** and how stress impacts the practitioner and client.
- [ ] **Safety Stewardship:** Establishes clear "Safe-Out" protocols and content warnings before starting sensitive modules.
- [ ] **Vicarious Trauma Awareness:** Explicitly addresses **practitioner self-care** and resilience-building during the session.

**Pillar 2: Tactical Practice Skills**

- [ ] **The "Ask-Offer-Ask" Loop:** Facilitator demonstrates the technique perfectly during a mock practice scenario.
- [ ] **Grounding Strategies:** Leads a 5-4-3-2-1 or Box Breathing exercise with confidence and appropriate pacing.
- [ ] **Validation/Reflection:** Uses "Agreement with a Twist" to handle practitioner resistance or skepticism.
- [ ] **The Warm Handoff:** Clearly explains how to bridge a client to a new resource while maintaining trust.

**Pillar 3: Facilitation & Peer Engagement**

- [ ] **Energy Management:** Maintains high engagement for 60+ minutes (uses tone, movement, and eye contact).
- [ ] **Scenario Management:** Can set up, "freeze-frame," and debrief a practice exercise without losing the room.
- [ ] **Navigating Resistance:** Gracefully handles a "difficult" participant using Trauma-Informed principles (validating the person, redirecting the behavior).
- [ ] **Practice Tools:** Uses the PowerPoint and Workbooks as *support tools*, not crutches.

**Pillar 4: Infrastructure & Fidelity**

- [ ] **Feedback Collection:** Knows how to distribute and collect the Post-Event Feedback forms to track practice impact.
- [ ] **Real-World Application:** Can answer: *"How do I do this on Monday morning with a caseload of 40?"*
- [ ] **Practice Hub Literacy:** Can show practitioners exactly where to find the Safety Guidelines in the digital portal.

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### Final Determination

**Lead Coach Note:** *To be "Fully Certified," the candidate must check 14 of the 16 boxes, including all of Pillar 1. If "Provisional," the candidate must co-facilitate their next 2 sessions with a Certified Practitioner.*



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